

#8 Maryvale Bridge

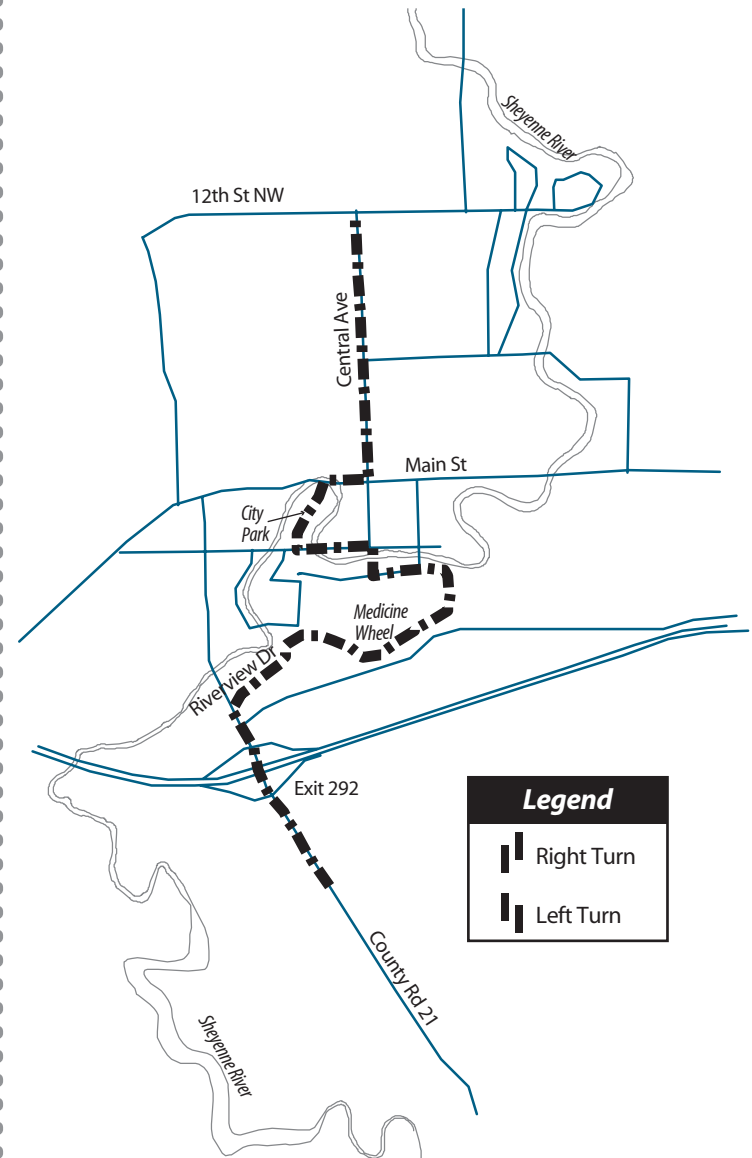
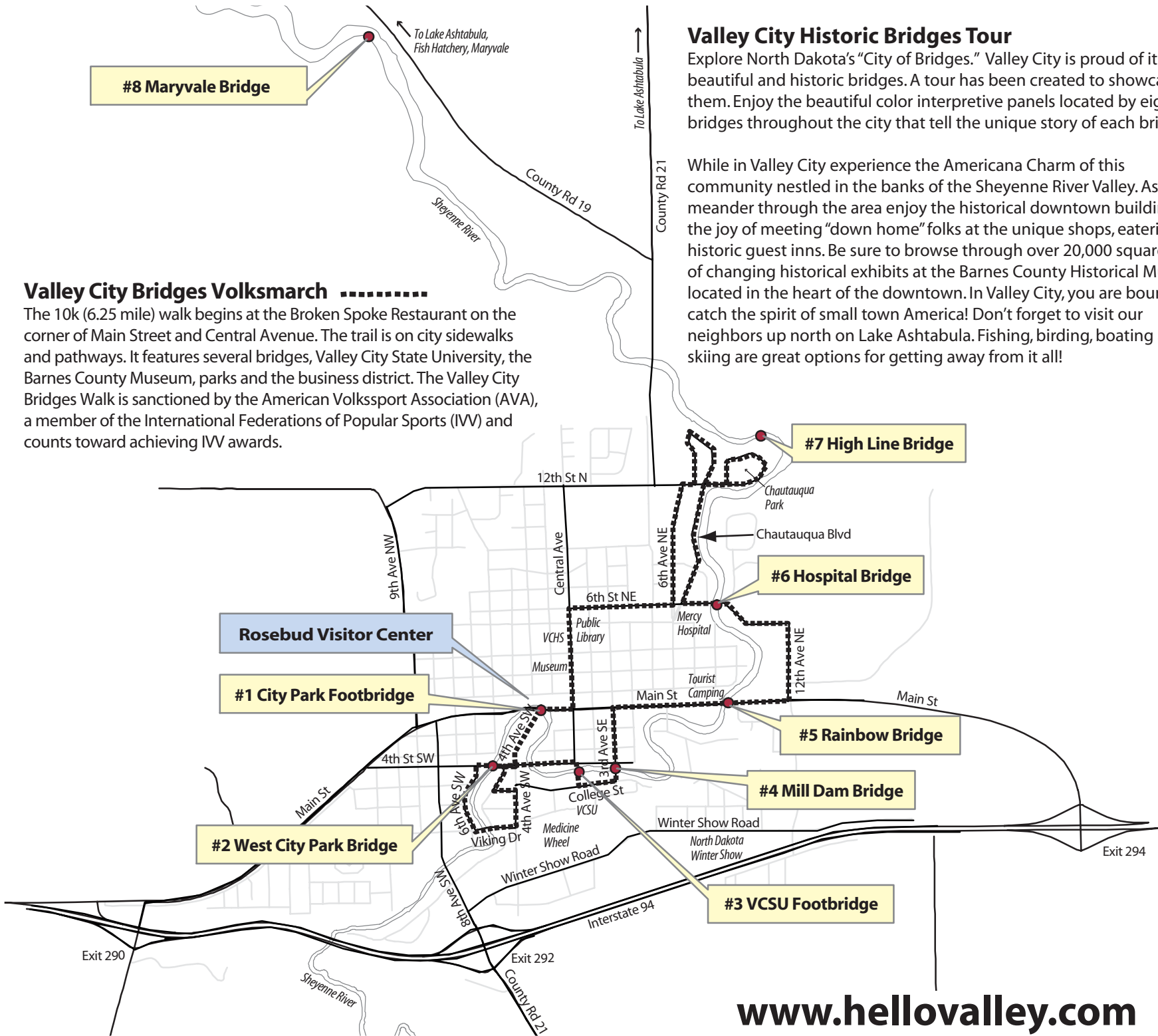
### Valley City Bridges Volksmarch

The 10k (6.25 mile) walk begins at the Broken Spoke Restaurant on the corner of Main Street and Central Avenue. The trail is on city sidewalks and pathways. It features several bridges, Valley City State University, the Barnes County Museum, parks and the business district. The Valley City Bridges Walk is sanctioned by the American Volkssport Association (AVA), a member of the International Federations of Popular Sports (IVV) and counts toward achieving IVV awards.

### Valley City Historic Bridges Tour

Explore North Dakota's "City of Bridges." Valley City is proud of its beautiful and historic bridges. A tour has been created to showcase them. Enjoy the beautiful color interpretive panels located by eight bridges throughout the city that tell the unique story of each bridge.

While in Valley City experience the Americana Charm of this community nestled in the banks of the Sheyenne River Valley. As you meander through the area enjoy the historical downtown buildings, the joy of meeting "down home" folks at the unique shops, eateries and historic guest inns. Be sure to browse through over 20,000 square feet of changing historical exhibits at the Barnes County Historical Museum located in the heart of the downtown. In Valley City, you are bound to catch the spirit of small town America! Don't forget to visit our neighbors up north on Lake Ashtabula. Fishing, birding, boating and skiing are great options for getting away from it all!



### Valley City Segment - North Country National Scenic Trail

This 4.5 mile segment of the North Country National Scenic Trail is part of a 4200 mile trail which stretches from Crown Point, NY to Lake Sakakawea, ND. While hiking this trail, you will experience the Sheyenne River Valley's rolling hills, open valley, wildlife, and vegetation. Other highlights include Valley City's Medicine Wheel Park, scenic overlook, unique shopping, and historic VCSU, bridges, and buildings. Other segments of the North Country Trail completed along the National Scenic Byway include Lake Ashtabula, Fort Ransom State Park, Sheyenne State Forest and Sheyenne National Grasslands.